



## Name That Food!

We are nutritious and wholesome. Can you name us?

Clues:

- I am a member of the bean family.
- You must crack my outer shell to eat me.
- I have many uses and can even be spread on a sandwich.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Clues:

- I am a stone fruit.
- I have soft fuzzy skin.
- My name is often used to describe someone's complexion.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Clues:

- You will find us in a bunch.
- Our stalks and leaves can be eaten.
- We are a crisp and crunchy vegetable, and you can put healthy dips on us.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Name That Food!

We are nutritious and wholesome. Can you name us?

Clues:

- I am red and round and contain vitamins A and C.
- Many people think I am a vegetable, but I am really a fruit.
- You can eat me raw, or you can find me in savory sauces.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Clues:

- I am a good source of potassium.
- My skin turns different colors, but when ripe, I am yellow.
- I am a fruit that must be peeled to be eaten.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Clues:

- I am a member of the grain food group.
- I grow larger after I am prepared.
- I am often eaten at the movies.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Name That Food!

We are nutritious and wholesome. Can you name us?

Clues:

- I am often eaten in the summer.
- I contain over 90% water, so I can quench your thirst.
- My rind is edible, but most people don't eat it.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Clues:

- I am a dairy product filled with calcium and protein.
- I am available in many flavors and have live and active cultures.
- You eat me with a spoon.

Name that Food: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your turn. Write your own food fact clues, and have someone else try to guess your food.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name that Food: \_\_\_\_\_