



## THE NEW SCHOOL YEAR GOALS AND ACTION PLAN

Do you want to find a way to be more positive, try new things, and have a better work-life balance this school year? Perhaps you want to build your repertoire of teaching strategies or make some personal changes such as getting more sleep or spending more time with family. Whatever your goals may be, make sure you make them happen with our New School Year Goals Worksheet and Action Plan. Together, they offer a simple way to plan and achieve your goals. The worksheet is divided into five categories.

- New Things to Try
- Ways to Stay Positive
- How to Incorporate Reflection
- Ways to Take Care of Yourself
- Strategies to Give Students Voice & Choice

While the worksheet has a suggested number of goals per category, the choice is up to you. One to three goals per category is plenty. The Action Plan is divided into the academic quarter system to get you started right away. Use it to write down the specific steps/actions you will take to accomplish each goal. Make sure to share your Action Plan with colleagues to gather new ideas, create accountability, and to support one another.

What are your goals for the school year?

Use the New School Year Goals Worksheet and Action Plan that follow to accomplish them!

# THE NEW SCHOOL YEAR

3

Try new things.

NEW THINGS I WILL TRY

WAYS TO STAY POSITIVE

2

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WAY I WILL INCORPORATE REFLECTION

2

WAYS I WILL TAKE CARE OF MYSELF

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3

STRATEGIES TO GIVE

STUDENTS VOICE & CHOICE

# THE **NEW** SCHOOL YEAR ACTION PLAN

| CATEGORIES  | FIRST QUARTER ACTIONS | SECOND QUARTER ACTIONS | THIRD QUARTER ACTIONS | FOURTH QUARTER ACTIONS |
|---|-----------------------|------------------------|-----------------------|------------------------|
| <b>NEW THINGS<br/>I WILL TRY</b>                              |                       |                        |                       |                        |
| <b>WAYS TO<br/>STAY POSITIVE</b>                              |                       |                        |                       |                        |
| <b>HOW I WILL<br/>INCORPORATE<br/>REFLECTION</b>              |                       |                        |                       |                        |
| <b>WAYS I WILL TAKE<br/>CARE OF MYSELF</b>                    |                       |                        |                       |                        |
| <b>STRATEGIES TO<br/>GIVE STUDENTS<br/>VOICE &amp; CHOICE</b> |                       |                        |                       |                        |